

Rotary Clubs of Whitehorse

WALLET CARD PROJECT

9810 DISTRICT GRANT

Rotary Mental Health (Wallet Card) Project
Committee.

Ray McLeod-Dryden (Rotary Club Box Hill
Burwood – Chair)

Gabby Knaepple (Rotary Club of
Nunawading)

Anne Teese (Rotary Club of MASH)

BACKGROUND

RAY WAS INVITED TO JOIN MEMBERS FROM ALL 6 WHITEHORSE ROTARY CLUBS & ROTORACT (NEW GEN) IN JUNE 2020 TO “BRAINSTORM” IDEAS (PROJECTS)

- EASTERN HEALTH INVITED TO A MEETING TO DISCUSS A POSSIBLE MENTAL HEALTH PROJECT
- DIRECTOR EASTERN HEALTH FOUNDATION JASON SMITH & ASSOCIATE PROFESSOR JUDY HOPE PUT FORWARD OPTIONS FOR PROJECTS
- OTHER PROJECTS DISCUSSED AS PART OF THE ROTARY CENTENARY CELEBRATIONS

PROJECTS UNDERTAKEN RWCC

- WALLET CARD PROJECT – EASTERN HEALTH/MENTAL HEALTH
- HYGEINE PACK PROJECT – EASTERN EMERG RELIEF NETWORK, SALVOS
- KARA HOUSE PROJECT- SUPPORTING WOMEN/CHILDREN
- ROTARY CENTENARY AWARD- DEAKIN – COMMUNITY SERVICE

WHY WAS THE WALLET CARD PROJECT CHOSEN?

COMMUNITY NEED - Mental health was a major problem in our local community, particularly during Covid

PROBLEM IN ED'S - The Wallet Card project tackled the issue of Mental Health crisis in Emergency Departments . Not tackled in the past

COMMUNITY SUPPORT - There was a strong possibility our Centenary Committee could enlist support for this Project. Eg other Rotary Clubs & other Organisations

OWNERSHIP OF PROJECT

- ASSOCIATE PROFESSOR JUDY HOPE & EASTERN HEALTH HAVE PUT TOGETHER ALL INFORMATION FOR THE WALLET CARD PROJECT
- ROTARY CLUBS OF WHITEHORSE AND BENDIGO BANK HAVE ASSISTED WITH FUNDING THE TOTAL COST OF THE PROJECT.
- DISTRICT GRANT COMMITS APPROX. 1/3 OF THE TOTAL COST

- RISK MANAGEMENT – ALL RISKS TO ROTARY INTERNATIONAL HAVE BEEN ASSESSED AND OWNERSHIP OF THE PROJECT REMAINS WITH EASTERN HEALTH

MEASUREMENT & SUSTAINABILITY

- CO-DESIGN METHODOLOGY -PROFESSIONALS WORKING WITH CONSUMERS & CARERS (DDCC TEAM – DUAL DIAGNOSIS CONSUMER/CARER)
- 10 PEOPLE WITH LIVED EXPERIENCE & ALL WANTED TO PARTICPATE IN DEVELOPING A MENTAL HEALTH CARD WITH THE RIGHT MESSAGES
- SUPPORTED BY 2 EXPERIENCED PSYCHIATRIC NURSES (EMSCA)

WHAT DDCC TEAM CONSIDERED IN DEVELOPING THE WALLET CARD

- TRIAGE EXPERIENCE (EFFICIENT NURSE)
- WAITING ROOM EXPERIENCE (FEELINGS OF UNIMPORTANCE AND DISRESPECTED)
- NEED FOR MENTAL HEALTH SPACE IN ED
- NEED FOR PEER/LIVED EXPERIENCE SUPPORT

IT'S THE WAY WHICH PEOPLE WAIT, NOT JUST THE WAIT

WALLET CARD DESIGN

ACCORDING TO ASSOC PROF HOPE, “I THOUGHT WE WOULD JUST PRODUCE A CARD WITH ALL THE INFORMATION – WRONG”. WHAT IS NEEDED IS A ‘JOURNEY CARD’ (DDCAC)

- MESSAGES OF ACCEPTANCE
- A JOURNEY COMPANION
- NOT JUST AN INFO CARD
- ADDRESS FEELINGS OF BEING OVERWHELMED
- ADDRESS RIGHTS AND CONCERNS
- GETTING A PLAN
- LEAVE INFO AT THE END OF CARD

“IN OUR 3 EMERGENCY DEPT’S ACROSS THE EAST OF MELBOURNE, ANGLISS, BOX HILL & MAROONDAH HOSPITAL, WE SEE OVER 7000 PEOPLE WITH MENTAL HEALTH ISSUES EACH YEAR. ABOUT HALF OF THE PEOPLE WE SEE IN MENTAL HEALTH TRIAGE HAVE SUICIDAL THINKING AND ABOUT 20% OF PEOPLE HAVE ACTUALLY MADE A SUICIDE ATTEMPT.”

ASSOCIATE PROFESSOR JUDY HOPE, CONSULTANT PSYCHIATRIST WHO HOLDS THE ACADEMIC CHAIR FOR PSYCHIATRY AT EASTERN HEALTH.

BENEFITS

- WALLET CARD IS DESIGNED FOR USE IN EMERGENCY DEPT'S AND HAS APPLICATION ACROSS THE STATE (NOT RESTRICTED TO EASTERN HEALTH)
- WALLET CARD CAN BE USED BY POLICE AND AMBOS & FRONTLINE EMERGENCY WORKERS)
- INFORMATION/MESSAGES IN WALLET CARD CAN ASSIST POLICE IN DEALING WITH PERSONS SUFFERING A MENTAL HEALTH CRISIS WHO THEY TRANSPORT TO ED.

AS AT 16TH JUNE WALLET CARD STILL BEING PRODUCED
(ALMOST COMPLETED)

PROPOSED LAUNCH OF WALLET CARD AT BOX HILL HOSPITAL
WHERE ALL WHITEHORSE ROTARY CLUBS & DG WILL BE
INVITED

Ray McLeod-Dryden

Secretary Rotary club of Box Hill Burwood

Whitehorse Rotary/Eastern Health/Bendigo Bank - Mental
Health (Wallet Card) Project Committee.